

The Perennial



2018-2019

Issue 3: November

Website: ArlingtonGarden.org

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O hushed October morning mild,
Thy leaves have ripened to the fall;
Tomorrow's wind, if it be wild,
Should waste them all.

- *October* by Robert Frost

But you don't have to waste your leaves....

Falling Leaves – Karen MacKinnon, Environment Chair

Fall is the time of year that we appreciate the beauty of colorful leaves. We are lucky here in New England to have some of the most beautiful landscapes when it comes to fall colors.

Have you considered using the leaves in your yard as mulch? This is a natural and environmentally friendly way to nourish your garden beds. You can let fallen leaves remain as they are: they will create their own ecosystem, providing shelter for many insect eggs and larvae.

Some large and leathery leaves are better off shredded. One method of shredding is to run over the leaves with a lawn mower. Alternatively, there are leaf shredding machines specifically used for this purpose. I have friends who shared the cost of a leaf shredder and passed it around the neighborhood.



So, instead of bagging up all those beautiful leaves, consider using them as a healthy addition to your gardens.

November Program: November 14th at 10:30 am

St. John's Episcopal Church

74 Pleasant St. Arlington, MA

“Wrapping Up Your Garden”

Betty Sanders, former President, Garden Club Federation of Massachusetts, has extensive gardening experience, and she lectures widely. She is also a National Garden Clubs instructor and an accredited national flower show judge.

Wrapping up your garden speaks specifically to preparing your garden ready for winter and spring.

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### *Planting Tips of the Month*

*Air and soil temperature are beginning to cool, and it's still warm enough to plant outdoor bulbs in the moist ground. Then enjoy them in the spring!*

*Fall is time to move peonies.*

*Make certain new trees and shrubs are well watered until December.*

*And it's not too early to select amaryllis bulbs for holiday gift-giving!*

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Garden Therapy

A new season of Garden Therapy got off to a great start at the Park Avenue Health Center.



Carole Crowley and Agnes O'Donnell provided a project and snack for 24 residents. The residents created autumn centerpieces for each table by inserting fall flowers, brightly colored leaves and a scarecrow into Halloween-themed containers. Afterward everyone enjoyed a delicious slice of banana bread.

To conclude the program, Donna McGowan led everyone in a sing-along of old favorites to Florynce Bornstein's piano accompaniment, energizing everyone present.

The next Saturday for difficult-to-recycle materials will be

November 3rd , 9 am-12 noon 51 Grove Street, Arlington

Special collection of sharps by the Board of Health and Secure document shredding will also be available at that time.

Also

November 3rd, 9 am – 2 pm

Household Hazardous Waste collection

60 Hartwell Ave in Lexington

Show evidence of Arlington residence.

[Town's Recycling Center Website](#)

AGC Photo Exhibits in Arlington's Libraries

Joan Robbio and Katherine Krister have installed photo exhibits in both the Robbins and Fox Libraries. The photos showcase some of the work of the Club's Civic Development Committee the hard work of many Club members as well as Arlingtonians who have taken on stewardship of traffic islands around town. Several Club member-photographers are the talented eyes behind the cameras. The photos are magnificent!



The exhibits will be up until the end of November. Enjoy some of the photos here, but – better yet – stop by one of our town libraries to enjoy the exhibits in their full glory.



An Arlington Heights Island Planting



Proud Heights Gardeners

Members' Corner

Abbie Fair's husband recently passed away. Our President sent a note of sympathy from the Club. Members may also like to contact Abbie personally.

Member Kathy Dias does not currently have an e-mail address.

Sue Culhane was a visitor at our October Meeting -- and is now our newest member.

Aronia
(Chokeberry) radiantly
red and berry-bearing in
the Spy Pond Rain
Garden

