

The Perennial



2018-2019
Issue 7: March

Website: ArlingtonGarden.org

Facebook: m.facebook.com/arlingtongardenclubma

"Pets and Plants"

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*Wednesday, March 13<sup>th</sup>, 2019 - 10:30 am*  
*St. John's Episcopal Church 74 Pleasant St. Arlington, MA*

*April Daley, a Certified Master Gardener and former veterinary nurse, is the presenter. This program will help you to understand what "toxic" and "poisonous" mean to your pets and will provide you with a method to evaluate the pet, the plant and horticultural practices to assess how much risk is involved in each situation.*

**At the March meeting we will enjoy lunch provided by members.**

**As always, coffee and tea will be served.**

## *Garden Therapy – February Program*

On February 4<sup>th</sup>, the Garden Therapy committee celebrated Valentine's Day with residents of the Park Avenue Health Center. Carole Nahigian and Zohreh Damghany provided a project and snack for 24 residents.



Donna McGowan led everyone in a sing-along of favorite love songs for Valentine's Day and rousing patriotic songs for President's Day

Each person decorated a heart-shaped Valentine with a rose, stickers and a message on the back. Afterwards, residents enjoyed delicious chocolate heart-shaped cookies.

Florynce Bornstein played the piano throughout the program and provided lots of energy for the sing-along.

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Nominating Committee Report

At the February meeting the Club's Nominating Committee, chaired by Membership Chair Jackie Keshian, presented the following slate of officer nominations for the 2019-2020 year:

President	Janet Pagliuca
Vice President - Operations	Lolly Bennett
Vice President - Programs	Nancy Pike
Treasurer	Kathy Creedon
Recording Secretary	Janet Ford

Chairs of Standing Committees

Civic Development Chair	Nancie Richardson
Environment Chair	Karen MacKinnon
Garden Therapy Co-Chairs	Carol Nahigian & Carmen Torres
Hospitality Co-Chairs	Zohreh Damghany & Bronwyn Dillon
Membership Chair	Karen Leibold
Publicity Chair	Flo Dunlap

Additional nominations for Board positions may also be made from the floor at the March meeting. As stated in the Club Yearbook,

The election of Officers and Chairs of Standing Committees shall take place at the Annual Meeting [in May], and they shall be elected by the membership. They will take office at the close of business at the Annual Meeting.

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*End-of-Year Dinner - Save the Date: Thursday June 6<sup>th</sup> – Arlington Town Hall*

## *Cooke's Hollow – One of Arlington's Best Kept Secrets*

*Stephan Miller*



Cooke's Hollow on Mystic Street is near the site of Captain George Cooke's grist mill, built in 1637, and later the site of a succession of mills and factories until the early 20th Century.

Cooke's Hollow is a small shady park located on Mystic Street next to the Police Station. It is the location where Mill Brook comes out of the culvert which takes it under the high school and Buzzell Field. The water tumbles down a small waterfall under a foot bridge and flows through the hollow and under Mystic Street towards Meadow Brook Park.

I have been working for the past few years on controlling the knotweed, a member of the buckwheat family introduced into the U.S. from Eastern Asia, which grows along the brook on both sides. The good news is that, since the park is mostly shady, I think the weed can be eliminated. There is also the need for a more general cleanup and, if we get real ambitious, some planting along the brook.



Japanese Knotweed

I would like to lead a group from the Garden Club and would designate maybe three work days during the summer. Because of the shade and proximity to the brook, I find it less onerous to work in Cooke's Hollow during the summer than other locations that we maintain in Arlington. If you are interested in helping, contact me Stephan Miller. I am listed in the Garden Club Bible.

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Learn More about the Legacy of Mill Brook



**A BROOK RUNS
THROUGH IT**

Arlington's Mill Brook Legacy

Exhibit at the [Old Schwamb Mill](#) - On view through June 8, 2019

17 Mill Lane, Arlington Heights

Hours: Tuesdays and Saturdays, 11 am – 3 pm, or by appointment

After March 1, 2019, hours will be extended to 10 am – 4 pm

Members' Corner
Welcome the Club's newest member

Cynthia Hamel

Other Gardening-related Goings-on ...
EcoFest Power Day, Sunday, March 3rd, 1-5 pm

Arlington Town Hall. Free. Fun for kids. Free, accessible, open to all.

This year, EcoFest is about the energy we use at home and on the road. Find out (1) how to get an air sealed and better insulated home for less money, (2) why energy efficient appliances are so important, (3) the latest in highly efficient heating and cooling technologies and learn about Arlington's HeatSmart program, (4) how local renewable energy helps save money, build a New England industry and cut greenhouse gas emissions. Start planning your path to a clean energy future.

1:30 pm Family Concert with Diane Taraz

2:30 pm Guest speakers including Adam Chapdelaine, Arlington Town Manager and Andy Winslow, Arlington HeatSmart Coach

What YOU Can Do To Save Energy, Money and the Planet

*Trashformations" Student Art Exhibit

Visit electric vehicles and their owners.

Tour a net zero home. Learn about Air Source Heat Pumps, Solar Food Link Café...and more

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**Grow Native Massachusetts next Evening with Experts....**

*Sugar, Sex, and Poison: Understanding the Vital Powers of Plants*  
William Cullina, Executive Director, Coastal Maine Botanical Gardens  
7:00 - 8:30 pm Wednesday March 6, 2019  
Free and open to the public at the  
Cambridge Public Library, 449 Broadway in Cambridge, MA

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The Boston Flower & Garden Show

["The Beauty of Balance"](#)

March 13th – 17th, 2019 - Seaport World Trade Center

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*Remember:* Dedication of the Robbins Town Hall Gardens Reflecting Pool  
Saturday, May 18<sup>th</sup> - 6:30 pm





**A R T I N B L O O M**

**LAURELWOOD GARDEN CLUB and FITCHBURG ART MUSEUM  
INVITE YOU TO BE AN INTERPRETER  
IN THE 21<sup>st</sup> ART IN BLOOM EVENT  
THURSDAY thru SUNDAY, APRIL 25, 26, 27, 28, 2019**

**INTERPRETERS HAVE A COMPLIMENTARY TICKET TO THE  
FRIDAY EVENING CHAMPAGNE RECEPTION**

**VISIT THE MUSEUM BETWEEN FEBRUARY 27 & APRIL 5  
TO SELECT YOUR ARTWORK  
MUSEUM HOURS WEDNESDAY –SUNDAY 12 to 4  
165 ELM ST., FITCHBURG, MA.**

**FOR ASSISTANCE AND INFORMATION CONTACT  
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